### Patient Information
- **DOB:**
- **Gender:**
- **Phone:**
- **Patient ID:**
- **Health ID:**

### Specimen Information
- **Specimen:**
- **Requisition:**
- **Lab Ref #:**
- **Collected:**
- **Received:**
- **Reported:**

### Client Information
- **COMMENTS:** FASTING:YES

### Cardio IQ®

<table>
<thead>
<tr>
<th>Test Name</th>
<th>Current Result</th>
<th>Risk/Reference Interval</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>APOLIPOPROTEINS</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>APOLIPOPROTEIN A1</td>
<td>115</td>
<td>&gt;=115</td>
<td>mg/dL</td>
</tr>
<tr>
<td>APOLIPOPROTEIN B</td>
<td>120</td>
<td>&lt;80, 80-119</td>
<td>mg/dL</td>
</tr>
<tr>
<td>APOLIPOPROTEIN B/A1 RATIO</td>
<td>1.04</td>
<td>&lt;0.77, 0.77-0.95, &gt;0.95</td>
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</tbody>
</table>

For details on reference ranges please refer to the reference range/comment section of the report.

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### 4myheart Diet & Exercise Coaching Program:
Need help achieving and maintaining an optimal weight? Managing stress? Trying to improve physical fitness levels? The 4myheart program provides support and personalized lifestyle guidance to help improve heart health. Please talk to your provider, visit 4myheart.com or call 1-800-432-7869 opt 2 to learn more.

### Medical Information For Healthcare Providers:
If you have questions about any of the tests in our Cardio IQ offering, please call Client Services at our Quest Diagnostics-Cleveland HeartLab Cardiometabolic Center of Excellence. They can be reached at 866.358.9828, option 1 to arrange a consult with our clinical education team.
### Patient Information

- **DOB:**
- **Gender:**
- **Patient ID:**
- **Health ID:**

### Specimen Information

- **Specimen:**
- **Collected:**
- **Received:**
- **Reported:**

### Reference Range/Comments

<table>
<thead>
<tr>
<th>Analyte Name</th>
<th>In Range</th>
<th>Out Range</th>
<th>Reference Range</th>
<th>Lab</th>
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</thead>
<tbody>
<tr>
<td>APOLIPOPROTEIN B</td>
<td>120</td>
<td>52-109 mg/dL</td>
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<td>EZ</td>
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<tr>
<td>Risk: Optimal &lt; 80 mg/dL; Moderate 80-119 mg/dL; High &gt; or = 120 mg/dL. Cardiovascular event risk category cut points (optimal, moderate, high) are based on National Lipid Association recommendations - Davidson et al. J Clin Lipidol. 2011;5:338</td>
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<tr>
<td>APOLIPOPROTEIN A1</td>
<td>115</td>
<td>94-176 mg/dL</td>
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<td>EZ</td>
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<td>Risk, Male: Optimal &gt; or = 115 mg/dL; High &lt; 115 mg/dL. Risk. Female: Optimal &gt; or = 125 mg/dL; High &lt; 125 mg/dL. Cardiovascular event risk category cut points (optimal, high) are based on the AMORIS study, Wallidius and Jungner, J Int Med. 2004;255:188</td>
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<tr>
<td>APOLIPOPROTEIN B/A1 RATIO</td>
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<td></td>
<td>EZ</td>
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<td>Risk, Male: Optimal &lt; 0.77; Moderate 0.77-0.95; High &gt; 0.95 Risk, Female: Optimal &lt; 0.63; Moderate 0.63-0.78; High &gt; 0.78 Cardiovascular event risk category cut points (optimal, moderate, high) are based on the AMORIS study, Wallidius and Jungner, J Int Med. 2006;259:493</td>
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